

Sanctuary & Hillside Our Whole Lives (OWL)
Grade 8/9 Program - Winter 2023/Spring 2024

| Date/Time | Week/Lessons | Topic description | Notes |
|---------------------------------------|--------------|---|---|
| 12/3 (6:30 - 8:30p) | 0 | Parent Orientation | |
| 12/10 (6:30 - 8:30p) | 1 | What is sexuality?/Examining Values | |
| 12/17 (6:30 - 8:30p) | 2 | Language of Sexuality/Anatomy Part 1 | |
| 12/24 | | NO OWL - Break for Holidays | Winter Holidays |
| 12/31 | | NO OWL - Break for Holidays | Winter Holidays |
| 1/7 (6:30 - 8:30p) | | CLASS CANCELLED - SNOW DAY | |
| 1/14 | | NO OWL - Holiday Weekend | MLK Jr. Day |
| 1/21 (6:30 - 8:30p) | 3 | Anatomy Continued/Body Image | Last 5/6 class |
| 1/28 (6:30 - 8:30p) | | CLASS CANCELLED DUE TO ILLNESS | |
| 2/4 (6:30 - 8:30p) | 4-5 | Questions About Puberty/Sexuality & Disabilities | |
| 2/11 (6:00 - 8:00p) | | CLASS CANCELLED DUE TO ATTENDANCE (SUPER BOWL) | |
| 2/18 | | NO OWL | Start School vac |
| 2/25 (4:00 - 8:00p) Extended Class | 6 | Social Media, the Internet, and Pornography | End School vac |
| 3/3 (4:00 - 8:00p) Extended Class | 7 & 8 | Gender Identity/Gender Expression, Roles, and Stereotypes/Sexual Orientation/Guest Panel LGBTQ+ | |
| 3/10 (5:00 - 8:00p) Extended Class | 9 - 11 | Healthy Relationships/Relationship Skills/Bullying & Bystander Responsibilities | Daylight Savings Starts, Ramandan Starts 3/11 |
| 3/17 (5:00 - 8:00p) Extended Class | 12-13 | Redefining Abstinence (includes masturbation)/Lovemaking (sexual intimacy)/Consent Education | St. Patricks |
| 3/24 (5:00 - 8:00p) Extended Class | 14 | Sexually Transmitted Infections (STIs) & Condom Activity, Pregnancy, and Parenting | Palm Sunday, Purim |
| 3/31 | | NO OWL | Easter |
| 4/7 (6:00 - 8:00p) | 15 | Unintended Pregnancy Options | |
| 4/14 | | NO OWL | Start School vac |
| 4/21 (6:00 - 8:00p) | 16 | Contraception and Safer Sex | End School vac |
| 4/28 | | NO OWL | Passover Day 6 |
| 5/5 (6:00 - 8:00p) | 17 | Sexual Decision Making | |
| 5/12 | | NO OWL | Mother's Day |
| 5/19 (6:00 - 8:00p) | 18 | Communicating with a Sexual Partner/Self-Care, Celebration, and Closure | |
| 5/26 (6:00 - 8:00p) | makeup | makeup class (if needed) | |
| 6/2 (6:00 - 8:00p) | makeup | makeup class (if needed) | |

2/26/24 updated schedule