

**Sanctuary & Hillside Our Whole Lives (OWL)**

**Grade 7/8 Program - Fall 2024/Winter 2025**

Sundays	Week/Lesson	Topic	Notes
10/06/2024 - Parent Kickoff (4:30 - 6:30 pm)	Lesson 0	Parent Orientation	
10/13/2024 - Yom Kippur & Indigenous People Holiday	No OWL	No OWL	Holiday
10/20/2024 - Facilitator Prep Meeting	No OWL	No OWL	Facilitator Meeting
10/27/2024 (4:30 - 6:30 pm)	Lesson 1	What is sexuality?/Examining Values	
11/03/2024 (4:30 - 6:30 pm)	Lesson 2	Language of Sexuality/Anatomy Part 1	
11/10/2024 - Veterans Day Weekend	Lesson 3	Anatomy Continued/Body Image	Holiday
11/17/2024 (4:30 - 6:30 pm)	Lesson 4	Questions About Puberty/Sexuality & Disabilities	
11/24/2024 - Facilitator Conference	No OWL	No OWL	Facilitator Meeting
12/01/2024 - Thanksgiving Weekend	No OWL	No OWL	Holiday
12/08/2024 (4:30 - 6:30 pm)	Lesson 5	Social Media, the Internet, and Pornography	
12/15/2024 (4:30 - 7:30 pm) 3 hours	Lesson 6	Gender Identity/Gender Expression, Roles, and Stereotypes	Extended class, 3 hours
12/22/2024 - Winter Holidays	No OWL	No OWL	Holiday
12/29/2024 - Winter Holidays	No OWL	No OWL	Holiday
01/05/2025 (4:30 - 7:30 pm) 3 hours	Lesson 7	Sexual Orientation/Guest Panel LGBTQ+	Extended class, 3 hours
01/12/2025 (4:30 - 6:30 pm)	Lesson 8	Healthy Relationships/Relationship Skills	
01/19/2025 - MLK Weekend	No OWL	No OWL	Holiday
01/26/2025 (4:30 - 6:30 pm)	Lesson 9	Bullying & Bystander Responsibilities	
02/02/2025 (4:30 - 6:30 pm)	Lesson 10	Redefining Abstinence (includes masturbation)	
02/09/2025 - Superbowl Sunday	No OWL	No OWL	Facilitator Meeting
02/16/2025 - School Vacation Begins	No OWL	No OWL	school vacation begins
02/23/2025 - school vacation ends	Lesson 11	Lovemaking/Consent Education	
03/02/2025 (4:30 - 6:30 pm)	Lesson 12	Sexually Transmitted Infections (STIs) & Condom Activity	
03/09/2025 (4:30 - 6:30 pm)	Lesson 13	Pregnancy and Parenting	
03/16/2025 (4:30 - 6:30 pm)	Lesson 14	Unintended Pregnancy Options	
03/23/2025 (4:30 - 6:30 pm)	Lesson 15	Sexual Decision Making	
03/30/2025 (4:30 - 6:30 pm)	Lesson 16	Communicating with a Sexual Partner	
04/06/2025 (4:30 - 6:30 pm)	Lesson 17	Self-Care/Celebration and Closure	
04/13/2025 Palm Sunday/Passover	No OWL	No OWL	Holiday
4/20/2025 Easter & School Vacation Begins	No OWL	No OWL	Holiday
4/27/2025 - School Vacation Ends (TBD)	Possible Make-up	Makeup class (if needed)	
5/4/2025 - (TBD)	Possible Make-up	Makeup class (if needed)	
5/11/2025 - Mother's Day (TBD)	Possible Make-up	Makeup class (if needed)	Mother's Day