

Faith & Film: Good Friday Reflection through *Flow* (2024)

Participant's Discussion Highlights & Key Questions

Core Themes and Archetypes:

- Isolation and Companionship - The Seeker (Cat), The Companion (Dog)
- Materialism and Transformation - The Collector (Lemur)
- Wisdom and Protection - The Guardian (Secretary Bird)
- Community and Peace - The Peacemaker (Capybara)
- Shadow and Resurrection - The Shadow (Whale)

Reflection Questions:

1. What part of the journey in *Flow* felt most like Good Friday?
2. Which character do you relate to most? Why?
3. What does resurrection look like when it's quiet and shared?
4. How might this story influence your walk through Holy Week?
5. What did the whale represent for you?

Scripture for Meditation:

- Psalm 22
- John 19
- Romans 6:4
- Isaiah 43:2
- Romans 8:19-25

One last thought:

Sometimes the Spirit speaks loudest in silence. What did *Flow* say to you when no words were

spoken?